The following template was created by the TAHPERD Adapted Physical Activity Committee to support Adapted Physical Education (APE) teachers in Texas. For those planning to create or revise an adapted physical education program, this template can serve as a guide for what should be included in their school district. It is our hope that utilizing the Table of Contents will serve as a useful resource to help school districts across Texas in the planning and creation of future APE Program Guides. Information about each of these topics can be found in the Adapted Physical Education Best Practices Manual published by TAHPERD.

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