



Promoting Healthy Lifestyles

October 9, 2018

To Whom It May Concern:

I am writing this letter on behalf of the health, physical education, recreation, and dance professionals in your school and/or district.

The Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD) will hold its 95th Annual Convention November 28 - December 1, 2018, in Galveston, Texas. TAHPERD, founded in 1923, is the only association in Texas serving education in the four disciplines—health, physical education, recreation, and dance. The convention provides professional growth opportunities for teachers and administrators working from early childhood through grade 12 and in colleges and universities.

There are over 180 professional development programs over three days that include presentations by the National Teacher of the Year, Texas Teachers and Administrators of the Year, and other professionals. A total of 22 continuing education hours are possible. TAHPERD is a Texas Education Agency (TEA) approved provider of professional development credits (TEA provider number 500-347).

The annual convention averages 2,700 professional and student attendees. During this professional development focused convention, TAHPERD leadership will:

- hold elections for member volunteers seeking more engaging opportunities,
- provide a venue for members to network and share best practices, and
- showcase 120 vendors that will share new products and services designed to enhance school programs and meet the needs of today's student.

Supporting your teachers and administrators to attend this professional conference will enrich your students, your school, and your community. Your teachers will learn new instructional strategies and activities, the latest information on legislation affecting health and physical education, and reenergize their passion for teaching.

Sincerely,

Rose Haggerty
Executive Director



Programs You Don't Want Your Teachers to Miss at TAHPERD's 95th Annual Convention



Cross-Curricular

Integrating Movement & Dance in the Classroom for Academic Success: A Global Perspective

The presenter will share her experience of working with children and teachers throughout Trinidad & Tobago including

teaching methods of integrating dance with other academics.

Cross Curricular PE: ELA and Math Activities for Your Elementary Aged Students

Come and try out some new ELA and math games for your elementary students. Easy concepts with lots of activity.

Experience a PE Adventure through Cross-Curricular Activities

Participants will learn ways to incorporate cross-curricular content into their elementary, middle school and high school physical education classes.

Diversity & Inclusion



Homeless & Migrant Students: Who are they? Where are they? What Can We Do?

TEA identifies over 150,000 students as homeless or migratory. Join our conversation regarding these students who face unique challenges.

Engaging Individuals with Disabilities and Reducing Sedentary Behaviors

This presentation will share information about a community-based program with physical, affective, cognitive, and social integration (PACSI) activities reducing sedentary behaviors among adults with Intellectual or Developmental Disabilities (IDD) will be shared.

Apps in Action Using Technology in the Gym for Inclusion

Presenters will share an array of iPad apps that can be used in various classroom situations: warm ups, stations, group activities to teach content, increase physical activity, and assist with class management.

Whole School, Whole Community, Whole Child (WSCC Model)



Maslow before We Bloom through the Whole School Whole Community Whole Child

Discuss how to break out of silos and create collaboration across all sectors of a school and district to support the Whole Child. Attendees will create a blueprint to take back to their respective districts, campuses, etc. with tools to implement the WSWCWC framework.

Teaching the Whole Child through Curriculum Integration

This session will offer elementary physical education teachers ideas and strategies to implement interdisciplinary concepts in the gym.

Safe and Supportive Environment - for All Students

This presentation will address the of issues and concerns targeting students who do not feel welcome or safe in their schools. Presenters will discuss reasons why it is important schools, teachers, and administrators work to create a safe and supportive environment for all students. The presenters will also share concrete practices and ideas for changing the culture and creating a safe and welcoming place.

Hot Topic Programs

CATCH My Breath: An E-Cigarette Prevention Program for Youth

Come learn about how this program is helping middle and high schools in Texas, and nationwide, prevent your e-cigarette use.

Peer Bullying Dilemma: To Report or Not to Report?

This presentation will discuss the issue of bullying in schools and the difficulty students face in whether to report incidents that occur.

Childhood Obesity: Current Trends and Prevention Strategies in Texas

Participants will receive a general overview from the public health perspective of childhood obesity and some of its causes. Participants will learn about current trends in Texas and about current strategies to prevent childhood obesity. This presentation will focus particularly on data-informed policy efforts in Harris County.

