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*News Release*

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**FOR IMMEDIATE RELEASE**

July 23, 2018

**Texas Health, Physical Education, Recreation, and Dance Teachers  
Participate in Professional Training to Improve Instruction for Students**

The 34<sup>th</sup> TAHPERD Annual Summer Conference was held at The Embassy Suites by Hilton Dallas Frisco Hotel Convention Center & Spa in Frisco by the Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD). Professional educators for health, physical education, recreation, and dance from all points in Texas and from grade levels kindergarten through university, gathered to exchange innovative teaching ideas, recent research, and to discuss important issues facing Texas children such as, the continuing epidemic of childhood obesity and the research showing the more fit a student is the better they perform academically, they have fewer absences, and they are less likely to have discipline problems.

The teachers and administrators reaffirmed their dedication to combat these issues as they prepared themselves for the important task of educating Texas children for the 2018-19 school year. The professional attendees created strategies and exchanged ideas and activities to assure their students would receive quality instruction to build healthy life habits in physical activity and nutrition.

Pete Silvius, Director of Whole Child Initiatives at Seguin Independent School District and 2018 President of the Texas Association for Health, Physical Education, Recreation, and Dance, unveiled his theme for the year “Embrace Adventure, *Live, Learn, Lead.*” He explained, “Communities all over Texas should expect that their children will receive quality physical education, health instruction, and opportunities to be physically active during the school day.” The teachers who participated in the 34<sup>th</sup> TAHPERD Annual Summer Conference demonstrated their commitment and recognition of their responsibility to make Texas a healthier place for our children to learn and grow.

\_\_\_\_\_, a teacher at \_\_\_\_\_, was a \_\_\_\_\_ at the two-day event which featured over 65 different presentations. Like many of today’s \_\_\_\_\_ professionals, \_\_\_\_\_ is dedicated to educating children to build and practice healthy habits. Our community is fortunate to have quality teachers such as this who are passionate about the work they do.

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