

TAHPERD

Texas Physical Education Framework

Texas Essential Knowledge, Skills (TEKS) and Specificities (Activities)

High School Courses - Found. of Pers. Fitness, Advent./Outdoor Educ., Aerobic Activities, Ind. Sports and Team Sports Bundles

	Foundations of Personal			Adventure/Outdoor Educ. (AOE)			Aerobic Activities (AA)			Individual Sports (IS)			Team Sports (TS)		
Bundle	Movement	Health	Social	Movement	Health	Social	Movement	Health	Social	Movement	Health	Social	Movement	Health	Social
Conditioning & Fitness (ongoing throughout the year)	FPF.1B	FPF.1A	FPF.L030	AOE.2B	AOE.1C		AA.1B	AA.3B	AA.5A	IS.2C	IS.4B	IS.6C	TS.2C	TS.4B	TS.6C
	FPF.4C	FPF.4A	FPF.L031		AOE.3B		AA.2B	AA.3C	AA.L015	IS.L001	IS.4C		TS.L001	TS.4C	
	FPF.L001	FPF.4B	FPF.L032		AOE.3C		AA.2C	AA.3D	AA.L016	IS.L004	IS.4D		TS.L003	TS.4D	
	FPF.L002	FPF.4D	FPF.L033		AOE.3D		AA.2D	AA.3E			IS.4E			TS.4E	
	FPF.L003	FPF.4E			AOE.3E		AA.L001	AA.3F			IS.4F			TS.4F	
	FPF.L004	FPF.4F			AOE.3F		AA.L002	AA.3G			IS.L007			TS.5A	
	FPF.L005	FPF.4G			AOE.4A		AA.L003	AA.L008			IS.L008			TS.6C	
	FPF.L006	FPF.5A			AOE.4B		AA.L004	AA.L009			IS.L010			TS.L007	
	FPF.L007	FPF.5B			AOE.4C		AA.L005	AA.L011			IS.L012			TS.L008	
	FPF.L008	FPF.5C												TS.L009	
	FPF.L009	FPF.L019													
	FPF.L010	FPF.L020													
	FPF.L011	FPF.L021													
	FPF.L013	FPF.L023													
		FPF.L024													
	FPF.L025														
	FPF.L026														
	FPF.L027														
Cooperative Games/Team Building Activities	FPF.L001			AOE.L001			AA.L001								
Individual Sports		FPF.4B						AA.3A		IS.1A	IS.4A	IS.3A			
		FPF.L022						AA.L009		IS.1B	IS.L008	IS.3D			
		FPF.L027								IS.2A	IS.L009	IS.6A			
										IS.2B	IS.L012	IS.6C			
										IS.2C		IS.L013			
										IS.2D					
										IS.L001					
										IS.L002					
										IS.L003					

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	Movement	Health	Social	Movement	Health	Social	Movement	Health	Social	Movement	Health	Social	Movement	Health	Social
Individual Sports (continued)										IS.L004 IS.L005					
Nutrition		FPF.4H FPF.5D FPF.5E FPF.5F			AOE.L009			AA.L012			IS.L011			TS.5B	
Outdoor Recreation/Recreational Activities	FPF.L001	FPF.L022		AOE.1A AOE.2A AOE.2B AOE.2C AOE.L001 AOE.L002 AOE.L003 AOE.L004 AOE.L005 AOE.L006	AOE.3A AOE.3F AOE.L008	AOE.L014 AOE.L015 AOE.L016 AOE.L017	AA.1A AA.L001	AA.3A							
Rhythms	FPF.L012 FPF.L013	FPF.4B FPF.L022					AA.1B AA.2A AA.2B AA.2C AA.2D AA.L001 AA.L002 AA.L003 AA.L004 AA.L006 AA.L007	AA.3A AA.3G AA.L009 AA.L010	AA.5A AA.5C AA.L015 AA.L016		IS.L008				

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	Movement	Health	Social	Movement	Health	Social	Movement	Health	Social	Movement	Health	Social	Movement	Health	Social
Safety (ongoing throughout the year)		FPF.3A FPF.3B FPF.3C FPF.L014 FPF.L015 FPF.L016 FPF.L017 FPF.L018	FPF.2A FPF.2B FPF.L028 FPF.L029 FPF.L030		AOE.4D AOE.4E AOE.4F AOE.L007	AOE.1B AOE.L011 AOE.L012 AOE.L013 AOE.L014		AA.4A AA.4B AA.4C AA.4D	AA.5A AA.5B AA.5C AA.5D AA.L013 AA.L014		IS.5A IS.5B IS.5C IS.L006	IS.3B IS.3C IS.6A IS.6B IS.6C IS.6D IS.6E		TS.6A TS.6B TS.L005 TS.L006	TS.3B TS.3C TS.7A TS.7B TS.7C TS.7D TS.7E
Substance Abuse		FPF.3D FPF.5G			AOE.L010			AA.3H			IS.4G			TS.5C	
Team Sports		FPF.4B FPF.L022						AA.3A AA.L009			IS.L008		TS.1A TS.1B TS.2A TS.2B TS.2C TS.2D TS.2E TS.L001 TS.L002 TS.L003 TS.L004	TS.4A TS.6C TS.6D TS.L009	TS.3A TS.3D TS.7A TS.7C TS.7D TS.L010