

TAHPERD
Texas Physical Education Framework
Texas Essential Knowledge, Skills (TEKS) and Specificities (Activities)
3rd Grade - 6th Grade Bundles

Bundle	3 rd Grade			4 th Grade			5 th Grade			6 th Grade		
	Movement	Health	Social	Movement	Health	Social	Movement	Health	Social	Movement	Health	Social
Balance	3.1D 3.1G			4.1E 4.1G			5.1D 5.1G			6.L002 6.L011		
Chasing, Fleeing, and Dodging	3.2B		3.7B 3.L033					5.4B		6.2A	6.4D	
Classroom Management (ongoing throughout the year)			3.7C 3.L034 3.L035			4.7B 4.7D 4.L026			5.5B 5.6B 5.7B 5.L030			6.6B 6.7A 6.7B 6.7D 6.7E 6.L033
Concepts Integrated Throughout the Year		3.3B 3.3C 3.3D 3.L016 3.L022	3.7A		4.3C 4.3D 4.3E 4.4B 4.4D 4.L019	4.7A		5.3A 5.4E 5.L018 5.L021 5.L022	5.7A		6.3B 6.L019 6.L025 6.L027 6.L028	6.7A
Conditioning & Fitness (ongoing throughout the year)	3.L008	3.3A 3.3B 3.3C 3.3D 3.3E 3.4A 3.4B 3.4D 3.L017		4.L007	4.3A 4.3B 4.3C 4.3D 4.3E 4.3F 4.4A 4.4B 4.4C		5.L006	5.3A 5.3B 5.3C 5.4A 5.4B 5.4C 5.4D 5.4G 5.L014		6.L010	6.3A 6.3B 6.3C 6.3D 6.4A 6.4B 6.4C 6.4D 6.4E	

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Conditioning & Fitness (ongoing throughout the year) continued		3.L018 3.L019 3.L020 3.L021 3.L022 3.L023 3.L024 3.L025 3.L026 3.L027 3.L032			4.4F 4.4G 4.4H 4.4I 4.L014 4.L015 4.L016 4.L017 4.L018 4.L019 4.L020 4.L021 4.L022			5.L015 5.L016 5.L017 5.L018 5.L019 5.L020 5.L021 5.L022 5.L023 5.L024 5.L026 5.L027			6.L020 6.L021 6.L022 6.L023 6.L024 6.L025 6.L026 6.L027 6.L028 6.L029 6.L030 6.L031	
Dribbling	3.2B 3.L002 3.L003 3.L004		3.7B	4.1K 4.2C 4.L002 4.L003			5.1K 5.2C 5.L002 5.L003			6.1I 6.2A 6.2B 6.L005		
Jump Rope	3.L010			4.1J			5.1J	5.4B		6.1E	6.4D	
Kicking & Punting	3.1J 3.2B 3.L002 3.L003 3.L004		3.7B	4.1K 4.2C 4.2D 4.L002 4.L003			5.1K 5.2C 5.L002 5.L003			6.2A 6.2B 6.L005		

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Locomotor Skills	3.1C 3.1G 3.L002 3.L009			4.1D 4.1F 4.L002 4.L008			5.1E 5.2C 5.L007			6.1A 6.L012		
Nutrition		3.4C 3.L028			4.4E 4.4F 4.L023			5.4F 5.L024 5.L025		6.4F 6.4I 6.L031 6.L032		
Outdoor Recreation/ Recreational Activities	3.L011	3.3A 3.3E 3.L021 3.L022 3.L029		4.L010	4.3A 4.3F 4.4I 4.L018 4.L019		5.L009	5.3C 5.L016 5.L017 5.L018 5.L026		6.L015	6.3A 6.4I 6.L023 6.L024 6.L025	
Qualities of Movement	3.1B 3.2B 3.L001 3.L002 3.L003 3.L004		3.7A 3.7B	4.1C 4.2B 4.2C 4.2D 4.L001 4.L002 4.L003		4.7A	5.1A 5.1B 5.1C 5.2B 5.2C 5.L001 5.L002 5.L003		5.7A	6.1B 6.1C 6.2A 6.2B 6.2C 6.L001 6.L004 6.L005		6.7A
Relationships	3.L004 3.L006 3.L007			4.L003 4.L005 4.L006		4.7C	5.1H 5.6A 5.L003 5.L005		5.7C	6.L005 6.L007 6.L008 6.L009		6.L034

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Rhythms	3.1H 3.1I			4.1H 4.1I 4.L008			5.1I 5.L007 5.L008			6.1A 6.1D 6.2A 6.L013		
Rolling	3.1F		3.7B	4.L009			5.1F			6.L014		
Safety (ongoing throughout the year)		3.1E 3.5A 3.5B 3.5C 3.5D 3.L012 3.L013 3.L014 3.L015	3.6B		4.5A 4.5B 4.5C 4.5D 4.6B 4.L011 4.L012 4.L013	4.L027		5.5A 5.5B 5.5C 5.5D 5.L010 5.L011 5.L012 5.L013	5.L029		6.5A 6.5B 6.5C 6.5D 6.5E 6.L016 6.L017 6.L018	6.7C
Spatial/Body Awareness	3.1A 3.1E 3.1G 3.2A			4.1A 4.1C 4.1G 4.2A			5.1A 5.1B 5.1G 5.2A			6.1C 6.L001 6.L002 6.L003		
Striking & Volleying	3.2B 3.L002 3.L003 3.L004		3.7B	4.1K 4.2C 4.2D 4.L002 4.L003			5.1K 5.1L 5.2C 5.L002 5.L003			6.1G 6.1H 6.1J 6.2A 6.2B 6.L005		

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Substance Abuse		3.L030 3.L031			4.L024 4.L025			5.4H 5.4I			6.4G 6.4H	
Throwing & Catching	3.1J 3.2B 3.L002 3.L003 3.L004		3.7B	4.1B 4.2C 4.2D 4.L002 4.L003			5.1K 5.1L 5.2C 5.L002 5.L003			6.1F 6.1J 6.1K 6.2A 6.2B 6.L005		
Various Games/Sports Activities	3.2A 3.2B 3.L002 3.L003 3.L004 3.L005		3.6A	4.2A 4.2C 4.L002 4.L003 4.L004 4.L008		4.6A 4.7B 4.L028	5.1C 5.1L 5.2C 5.2A 5.L002 5.L003 5.L004 5.L007		5.6B 5.L028 5.L031	6.1A 6.1G 6.2A 6.2B 6.2C 6.L003 6.L004 6.L005 6.L006 6.L008		6.6A 6.6B 6.7D 6.7F 6.L033