

Significant findings from the study include:

Vending Machines

- 92 percent of teachers and 91 percent of parents favor converting the selections in vending machines to healthy foods and beverages. (According to a CDC study, more than 76 percent of all schools offer soft drinks in vending machines.)
- 86 percent of teachers and 83 percent of parents oppose allowing vending machines with soft drinks, unhealthy snacks and candy in elementary schools.

Physical Education

- 81 percent of teachers and 85 percent of parents favor requiring students to take physical education every day at every grade level.
- 94 percent of teachers and 89 percent of parents favor developing new "lifestyle" approaches to physical education, focusing on activities children can continue to participate in after they've left school.
- 87 percent of teachers and 88 percent of parents believe school boards should not eliminate physical education for budgetary reasons.
- 87 percent of teachers and 77 percent of parents believe schools should not eliminate physical education classes to focus on meeting stricter academic standards.

For the full report go to: <http://www.rwjf.org/news/release/healthyschools>