

Frequently Asked Questions Regarding Students With Physical Activity Limitations in Physical Education (PE) QUESTION	ANSWER
Is there a PE waiver for high school students who have medical conditions that prevent them from full participation in PE activities?	There is no waiver available for students to graduate without meeting the requirements for PE.
What activities are suggested for students who are medically unable to participate in physical activity or who need special accommodations?	Schools should implement Texas Essential Knowledge and Skills (TEKS) - based PE instruction with accommodations for physical activity that are appropriate for the specific situation and student. Appropriate physical activity accommodations might include adapted PE. Websites for examples of adapted PE activities include: http://www.pelinks4u.org/sections/adapted/adapted.htm , and http://www.twu.edu/INSPIRE .
What rules are in place regarding the classification of students on the basis of health for physical activity levels?	A district must classify each student for PE, on the basis of health, into one of the following categories. (1) Unrestricted (not limited in activities). (2) Restricted (excludes the more vigorous activities). (3) Adapted or remedial specific activities prescribed or prohibited, as directed by a member of the healing arts licensed to practice in Texas. Additional information is available at this website: http://www.tea.state.tx.us/rules/tac/chapter074/ch074c.html#74.31
Are students requiring special accommodations in PE able to graduate on the Distinguished Graduation Plan?	Yes. Chapter 74 of the Texas Administrative Code allows TEKS-based PE with or without reduced activity. This option may be used to qualify a student to graduate under the minimum, recommended, or distinguished graduation programs.