

**“Adventures on the Bayou”**

***Gulf South Outdoor Education and Recreation Conference***

***May 13-15, 2010***

**BATON ROUGE, LA**

***Lod Cook Hotel-LSU Campus***

***Featured speaker:***

***Mark Fenton, author, race walker, environmental activist***

***BREC, LOOP, American Archery Asso., Backpacker***

***Activity Program topics include:***

***Cycling, Geo-caching, Ropes Course, Archery, Kayaking, Canoeing,  
Fishing***

***Other topics and programming ideas: Shoe selection for physical  
activity, Nordic walking, The Edible Garden, Outdoor Cooking,  
The Health City Initiative, The Built Environment, Exergaming,***

**GULF SOUTH OUTDOOR EDUCATION AND RECREATION  
CONFERENCE**

**MAY 13-15, 2010**

**BATON ROUGE, LA**

**LOD COOK CENTER – LSU CAMPUS**

**Reservations: 225-383-2665**

**(Room cost at Lod Cook includes a full breakfast each day)**

***“ADVENTURES ON THE BAYOU”***

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

\_\_\_\_\_

<b>City</b>	<b>State</b>	<b>Zip</b>
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**EMAIL:** \_\_\_\_\_

**T-shirt size: (circle) S M L**

**REGISTRATION FEE: \$75.00**

**Make Checks Payable to “Gulf South Outdoor Education Conference”**

**Registration fee includes: Welcome reception, two box lunches & one dinner.**

Mail registration to: Kathy Hill, 112 Long Fieldhouse, LSU-Kinesiology, Baton Rouge, LA 70803. Contact info: [khill@lsu.edu](mailto:khill@lsu.edu).

## **CONFERENCE AGENDA**

***Thursday, May 13, 2010***

***12:00-2:00 PM    Check in Rooms, Pick up Registration Information***

***2:00-3:00 PM    (1)Shoe and clothing selection for all types of activities and weather-Jenni Peters***

***(2)The Edible Garden-Dr. Birgitta Baker & Jr. Master Gardner Program-LSU Agriculture Center***

***(3)Birding***

***3:15-4:15        (1)Smart City Initiatives***

***(2)The Latest in outdoor cooking ware-Backpacker of Baton Rouge***

***(3)Trail guides/Orienteering***

***4:30-5:30        (1)Exergaming-BREC***

***(2)Louisiana Outdoor Outreach Program - LOOP***

***(3)The Latest and Greatest in Camping  
Equipment- The Backpacker of Baton  
Rouge***

***5:45-7:00***

***Opening General Session***

***Introduction of Corporate Sponsors***

***Welcome: Mayor Kip Holden***

***Keynote Address: Mark Fenton***

***7:00-8:00***

***Welcome Reception – Lod Cook Patio***

***Friday, May 14, 2010***

***7:30-8:30***

***Nordic Walking with Mark – Nordic Walking  
Master Coach- This is “the rage” in Europe. Increase your caloric  
output using poles that work the upper body. You will love it.***

***9:00-11:00***

***Concurrent Sessions***

***Canoeing – Byron Almquest***

***Fishing – Louisiana Wildlife & Fisheries***

***Ropes Course***

***11:15-12:15***

***Yolo Boarding – Troy Archer***

***Lunch on the beach***

**12:30-2:30**

***Canoeing – Byron Almquest***

***Fishing – Louisiana Wildlife & Fisheries***

***Ropes Course***

**3:00-5:00**

***Canoeing – Byron Almquest***

***Fishing-La Wildlife & Fisheries***

***Ropes Course***

**5:30-6:30**

***“The Amazing Race” – LA style***

***Rest of the day: “Live at Five” Downtown***

***Golf on your own (LSU Golf Course);***

***Run/Jog/Walk the Lakes; Use the LSU***

***Recreational Center for workout***

***Dinner on your Own***

***Saturday, May 15, 2010***

**7:30-8:30**

***Joggin’/Walkin’ with Jenni – Jenni Peters is a nationally known marathon runner and owner of Varsity Sports***

**9:00-11:00**

***Geocaching/Walking/Cycling***

***Archery***

***Kayaking***

